

# PSHE Overview 2024-2025

	Marian	Remembrance	Candlemas	Lenten	Eastertide	Trinity
EYFS	<b>Me, My Body, My Health</b> I Am Me Heads, Shoulders, Knees and Toes Ready Teddy	<b>Emotional Well-being</b> I Like, You Like, we all Like All the feelings! Let's get Real	<b>Life Cycles</b> Growing Up New People, New Places	<b>Personal Relationships</b>  Who's who? You've got a friend in Me Forever Friends	<b>Keeping Safe/Online</b>  What is the internet? Playing Online  Safe Inside and Out My Body, My rules Feeling Poorly People who help us	<b>Wider World</b> Me, You, Us When I grow up Money doesn't grow on trees
Year 1	<b>Emotional Well-being</b>  All the feelings	<b>Personal Relationships</b>  Special People Treat Others Well... ....and Say Sorry	<b>Keeping Safe</b> Good and Bad Secrets Physical Contact Harmful Substances Can you help me? (Part 1) Can you help me? (Part 2) Road and Railway ks1		<b>Wider World</b> Who is my neighbour?	<b>Wider World</b> Who will I be?
Year 2	<b>Me, My Body, My Health</b> I am unique Girls and Boys Clean and Healthy	<b>Emotional Well-being</b> Feelings, likes and dislikes Feeling inside out Super Suzie gets angry	<b>Life Cycles</b> The Cycle of Life Beginnings and endings Change is all around	<b>Life Online</b> Real Life Online Rules to help us	<b>Wider World</b> The communities we live in	<b>Wider World</b> Needs and Wants
Year 3	<b>Personal Relationships</b> Family, Friends and Others... When things feel bad	<b>Life Online</b> Sharing Online Chatting Online	<b>Keeping Safe</b> Safe in my body Drugs, Alcohol and Tobacco First Aid Heros Rights and responsibilities Road and Railway KS2	<b>Wider World</b> How do I love others?	<b>Oral Hygiene</b> <b>G.U.L.P</b> <b>Blackburn Rovers</b> <b>My health/wellbeing</b>	<b>Wider World</b> Working Together
Year 4	<b>Me, My Body, My Health</b> We don't have to be the same Respecting our bodies What is puberty?	<b>Emotional Well-being</b> What am I feeling? What I am looking at? I am Thankful	<b>Life Cycles</b> <b>Life Cycles</b> A Time For Everything <b>Big Changes, Little Changes</b>	<b>Life Online</b> Sharing isn't always Caring Cyberbullying	<b>Wider World</b> How do I love others?	<b>Wider World</b> Money Matters

	Changing bodies					
<b>Year 5</b>	<b>Personal Relationships</b> Under Pressure Do you want a piece of cake? Self-Talk	<b>Move and Grow –  Blackburn Rovers</b> <b>My health/Well-being</b>	<b>Life Online</b> Online Fraud Protecting Personal Data	<b>Keeping Safe</b> Types of Abuse Impacted Lifestyles Making Good Choices Giving Assistance	<b>Wider World</b> Reaching Out	<b>Wider World</b> The World of Work
<b>Year 6</b>	<b>Keeping Safe</b> <b>Global Policing – Project Chameleon</b> Rights and Responsibilities Rule of Law  <b>Personal Relationships</b> Build Each other up	<b>Me, My Body, My Health</b> Gifts and Talents Girls’ Bodies Boys’ Bodies Spots and Sleep	<b>Emotional Well-being</b> Body Image Peculiar Feelings Emotional Changes Seeing Stuff Online	<b>Life Cycles</b> Making Babies (Part 1) Menstruation Hope Beyond Death Coping With Change	<b>Wider World</b> Money and Me	
<b>Additional Visitors/ Themed Weeks</b>	Debt Aware – Years 5 and 6 Police Visit – EYFS Carbon Monoxide Workshops (Years 2 and 5) Hello Yellow Mental Health Day Hand Hygiene Workshops (Year 1-4) Black History Month Friendship Week UK Parliament Week World Faith Week – Judaism Skipping Man Cafod EYFS/KS1 Catholic Social Teaching Workshops Swimming – KS2 Foodbank Visit Remembrance Throne of Word Visitors First News Assemblies	World Brialle Day Martin Luther King Day Internet Safety Day Fire Safety - Year 2 and 6 Debt Aware – Year 5 and 6 Caritas Lenten Fundraising NSPCC Virtual Assemblies KS1 and KS2 NSPCC Workshops Years 2,5 and 6 Cafod KS2 Catholic Social Teaching Workshops Foodbank Visit British Science Week Throne of Words Visitors International Women’s Day Young Carers Action Day World Earth Day Dogs Trust Workshops KS1 and KS2 Marilyn Hawes Workshops UKS2 First News Assemblies	Deaf Awareness Week Bikeability – Year 5 Laudato Si Week My Money Week - Young Enterprise World Faith Week – Islam Foodbank Visit Walk to School Week Healthy Eating Week Throne of Words Visitors Great British Barks Off – EYFS Refugee Week First News Assemblies			