



Join the faith and learning journey



St Antony's RC Primary School

Physical Education Policy

Mission Statement

St. Antony's School is part of the Roman Catholic community of the Holy Family, where Jesus Christ is our inspiration as we raise standards and aspirations for all of our children.

INCLUSION STATEMENT

In this school, we are educating our children to:

- know who they are - a special and unique gift from God
- know why they are here - we all have a purpose and responsibility to look after God's world
- work hard and aim high for their future- find and use their God given talents to be what God intended them to be.

We are a Catholic community, in a modern society, where everyone is equal. The most loving and merciful Jesus Christ is our role model, and He welcomed everyone. All children are welcome in our school, and they and their families become part of our St. Antony's family. We will love and nurture them, and do our best to help them, on their faith and learning journeys, to become what God wants them to be.

Adopted by Governors:(signed on hard copy)

Date:

Review date:.....

POLICY INTENT

The Intent of our PE curriculum at St Antony's is to inspire all children to succeed and excel in competitive sport and other physically-demanding activities. Physical Education will provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities will be offered to all children in order to build character and help to embed values such as fairness and respect. Through Physical Education we aim to develop the children's knowledge, skills and understanding, so that they can perform with increasing confidence and competence in a range of physical activities. We aim to improve health and wellbeing, promote active participation and lifelong learning, and for each child to fulfil their potential. We aim to ensure that the children's experience of Physical Education is positive and motivating and that children's attitudes to a healthy lifestyle are firmly embedded in our curriculum.

"So I do not run aimlessly; I do not box as one beating the air. But I discipline my body and keep it under control, lest after preaching to others I myself should be disqualified."

1 Corinthians 9:26-27

AIMS

We follow the aims of the statutory Physical Education framework and the KS1 and KS2 National Curriculum. These aims form the basis upon which our distinctive curriculum is built.

The national curriculum for physical education aims to ensure that all pupils:

The national curriculum for physical education aims to ensure that all pupils:

- ☐ develop competence to excel in a broad range of physical
- ☐ activities are physically active for sustained periods of time
- ☐ engage in competitive sports and activities lead healthy, active
- ☐ lives.

IMPLEMENTATION OF THIS POLICY

SUBJECT LEADER ROLE

The subject leaders for PE are Mrs Haylie Macneal and Stephen Close. The subject leaders are responsible for the day to day management of resources, keeping up to date in curriculum innovation, sharing good practice with staff and

ensuring that planning for the subject is progressive and in line with national expectations.

Subject leaders are the 'expert' in school and can offer support to other staff including signposting where necessary.

Together with the Headteacher and Governors, they are involved in the monitoring, review and evaluation of their subject both as a standalone and as part of the wider curriculum.

RESOURCES USED

At St Antony's we understand that the use of progressive physical education learning is crucial to building children's skills.

We do this through the use of the **Edstart**. A physical education curriculum that is planned, progression learning which is adapted to suit our school and pupils needs.

The Edstart Curriculum provides teachers with a clear sequence of physical education activities to use which involves becoming more physically competent and learning through movement, a range of skills and understandings beyond physical activity such as co-operating with others.

CURRICULUM PROGRESSION THROUGH THE STAGES

All children receive a broad and balanced PE curriculum regardless of year group or ability. Every child will access all of the key areas of the subject on offer at our school. Coaches and/or teachers plan PE with clear progression of skills and knowledge that we have devised as part of our curriculum offer to ensure that all children access it at an age-appropriate level. As well as our regular PE lessons, we hold daily opportunities for physical activity such as The Daily Mile and playground games at lunchtimes. The children have the opportunity to take part in competitions throughout the school year against other local schools.

In EYFS, children begin to improve their fundamental movement skills and teachers begin to consider the development of agility, balance and coordination for each child.

Key Stage One

Pupils in KS1 are given ample opportunities to develop their fundamental movement skills and extend their agility, balance and coordination. They engage in competitive and cooperative physical activities through games, dance and gymnastics.

Key Stage Two

Pupils in KS2 continue to apply and develop a broader range of skills such as running, jumping, throwing and catching. These skills are incorporated into competitive games, performances using movement patterns and evaluations of their own and others' work. Pupils communicate and collaborate with each other and develop an understanding of

how to improve in physical activities. There are many opportunities across the year for children to take part in inter and intra school competitions where their successes in sports are celebrated

PLANNING AND SEQUENCING LEARNING

St Antony's engages all learning styles using a variety of resources including Early Years Outcomes, National Curriculum Statutory Guidance, a Skills and Knowledge based curriculum and opportunities for Outdoor Learning and enhancement opportunities which support teaching of the curriculum.

Each child receives 2 hours of curriculum time PE on a weekly basis which is carefully planned and mapped out to ensure a broad and full range of skills and activities. These sessions are either delivered by specialist coaches or class teachers during PE lessons. Children of all year groups also have access to swimming lessons whilst we have our own swimming pool; set up at school for three weeks of each year. Swimming lessons are taught by fully qualified and insured specialist instructors and supervised by school staff. In addition to PE in curriculum time, we also strive to provide opportunities for children to access extracurricular physical activity through a wide range of sporting and active clubs for EYFS, KS1 and KS2 but is embedded further throughout the school day, utilising the children's language development and allowing for further opportunities to develop language skills across the whole curriculum.

We teach lessons so that children:

- Have fun and experience success in sport
- Have the opportunity to participate in P.E at their own level of development
- Secure and build on a range of skills
- Develop good sporting attitudes
- Understand basic rules
- Experience positive competition
- Learn in a safe environment
- Develop their fundamental movement skills
- Improve their agility, balance and coordination
- Lead PE and participate in PE games with increasing confidence, developing their own speaking and listening skills
- Acquire useful PE vocabulary and knowledge that will assist in future PE activities at KS3 and beyond
- Develop an enthusiasm for fitness and understand the importance of good diet and exercise

EQUALITY

All pupils at St Antony's will be protected against discrimination according to the protected characteristics of the Equality Act. We aim to serve our community as our pupils deserve the best learning experiences. With this in mind, we purchase and use resources that promote: gender equality, positive SEND role models; are inclusive of different races, families and show sensitivity to world religions.

Children who are not making expected progress in PE are monitored closely. Advice may be sought from the PE subject leaders, in the first instance. All tasks are differentiated to ability. In some instances, children may need specific work to boost their progress. They may be given extra group or individual support outside of class literacy lessons. These extra interventions are monitored and progress is recorded to judge value. All intervention is recorded on a provision map to monitor effectiveness of programmes. Children with IEPs may be given individualised tasks or specific programmes which support their needs when working with an SSA. Class teachers are responsible for the progress of all children in the class and oversee all children's work. For further details, see S.E.N. Policy.

ENRICHMENT AND MASTERY

At St Antony's we make PE an enjoyable and fun learning experience and provide opportunity to demonstrate mastery in a variety of ways. Mastery means both a deeper understanding of skills and concepts and learning something new. All pupils have the opportunity take part in physical education.

Other activities to enrich our PE curriculum include;

- A range of after school (listed the school website)
- A range of lunchtime provision (listed the school website)
- A range of competitions (listed the school website on the calendar)
- Sports Days X2
- St Antony's Cup
- PE workshops
- Dance lessons
- Swimming lessons

EXPERIENCES THROUGH THE CURRICULUM

PE topic linked, reinforcing new vocabulary and improving subject knowledge. This extends to the outdoor environment where PE activities can take place.

HOME SCHOOL LINKS

Competitions, events, showcases support parents in understanding how their children learn to understand physical education and the importance of PE.

MEASURING THE IMPACT OF OUR POLICY

RECORD KEEPING AND ASSESSMENT

Teachers will assess children's work in PE by making informal judgements as they observe them in lessons. At the end of each half term teachers will make a summary judgement about each child in relation to the National Curriculum and state whether each individual child is working above, at or below expected levels for their year group. This information is then recorded on Target Tracker, the school's assessment system - teachers identify whether children have met each statement, are exceeding or working towards.

MONITORING, REVIEW AND EVALUATION

The PE subject leaders are responsible for monitoring the delivery of the national curriculum for physical education. They will monitor progression of skills across the school and observe and support PE teaching as necessary. The PE subject leaders will also provide a summary report to the Head teacher and governors evaluating PE teaching and learning.

STAFF DEVELOPMENT

Staff have regular opportunities for CPD regarding PE through the Edstart coaches and team teaching opportunities. Peer coaching and SIG group meetings are also available for new staff.

GOVERNORS INVOLVEMENT

The link Governor for this subject is **Father Barry**.

Subject leaders prepare bids for the finance committee; these are linked to school priorities. Subject leaders are asked to present their work to governors. This may be done in the form of a presentation to a committee or a professional dialogue with a link governor. Action plans are shared with Governors. There is a formal written report to governors annually. Link governors may come into school to watch lessons and take part in events or workshops. They may talk to pupils and look at written evidence.

CONCLUSION

We aim to give St. Antony's children the best possible start to their school lives and beyond.

Reviewed September 2026

This policy will be reviewed every two years.